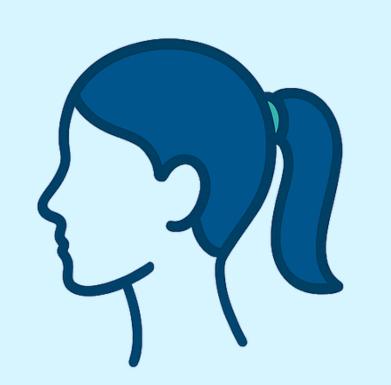
# PPE DONNING AND DOFFING AVIAN INFLUENZA • HEALTHCARE WORKERS

### **BEFORE STARTING**

Remove jewelry and personal items



Keep your hair tied



Desinfect your hands with alcohol



Check the integrity of your PPE before use



Always consider the risk of the **type of care** that will be provided to the patient to ensure the proper use of PPE, taking all necessary precautions

## PPE DONNING



#### STEP#1

Put on the protective gown, adjust at neck and waist



#### **STEP #2**

Put on surgical mask or respirator



#### STEP#3

Put on safety glasses



#### **STEP #4**

Put on gloves, covering the wrists



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# PPE DOFFING



**STEP #1** 

Remove gloves using "glove-to-glove, skin-to-skin" technique



STEP#2

Remove gown, turning it inside out



STEP#3

Disinfect your hands



STEP#4

Remove safety glasses, pulling them from backtofront



STEP#5

Remove surgical mask, pulling it from back to front



STEP#6

Disinfect your hands



There is a higher risk of transmission during PPE removal



Avoid skin contact with clothing



Always discard PPE in appropriate biohazard containers







