

Integrated Cardiovascular-Kidney-Metabolic (CKM) Management for Primary Care

EARLY CKM DETECTION AND RISK ASSESSMENT



Don't have a conversation

Support bare arm at heart level and use the right cuff size

Empty bladder first

Leggs uncrossed and feet supported

Closely monitor women with a history of hypertension during pregnancy

Urine Albumin-Creatinine Ratio (uACR) → <30 mg/g

