Pre-exposure prophylaxis (PrEP) for HIV

DIFFERENTIATED SERVICE DELIVERY MODELS



Elimination Initiative 30+

1 PrEP in Latin America and the Caribbean

- 31 out of 33 countries have national guidelines
- Expansion is progressing, but barriers related to stigma, regional inequalities, clinical service overload, and regulatory gaps persist
- PAHO provides support through the PrEP Impact Tool to define impact targets and scale-up scenarios

2 Differentiated service delivery models

- Reduce logistical barriers
- Expand access points
- Improve continuity and adherence through greater flexibility
- Increase acceptability

3 Telemedicine (TelePrEP): An emerging strategic tool

- Reduces travel and costs
- Shortens initiation and follow-up times
- Contributes to treatment continuity and reduces loss to follow-up in PrEP services
- Requires updated regulations on data protection, interoperability, and sustainable financing

4 Community engagement: A pillar for recruitment and retention

- Improves trust and reduces stigma
- Facilitates navigation across levels of care
- Enables outreach to transgender populations, sex workers, young people, and other vulnerable groups
- Integrates with TelePrEP to support continuity of care

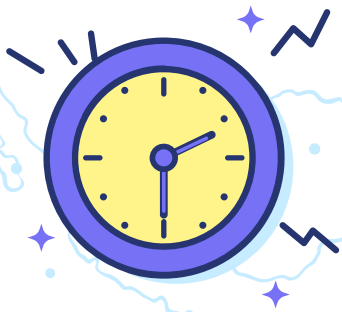
Expanding PrEP is URGENT and ESSENTIAL to reduce new HIV infections and advance toward HIV elimination

How can we move forward?



PAHO Pan American Health Organization | World Health Organization Americas Region

REGIONAL INNOVATIONS



Flexible hours

Extended evening teleconsultation hours (Paraguay)



TelePrEP

TelePrEP combined with postal delivery (Ecuador, Paraguay)



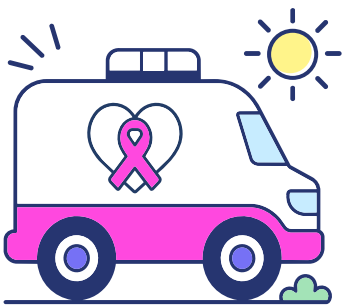
Community collaboration

Established public-community hybrid models (Ecuador, Honduras*)



New distribution channels

PrEP and HIV self-testing vending machines (Brazil)



Outreach activities

Sexually transmitted infection (STI) screening, post-exposure prophylaxis (PEP), and psychosocial support provided by the Kukulcán Association*

* Kimirina Corporation and the Kukulcán Association contribute to the experiences in Ecuador and Honduras.

TELEPREP





1

Virtual assessment (multiple platforms)

The healthcare provider reviews the result of either a self-test or an HIV test, and if it is negative, a PrEP prescription is issued

2

Medication pickup

Medication can be picked up at a pharmacy, delivered by mail, or picked up in person









Negative

3

Month follow-up

An HIV test is performed, and if the result remains negative, follow-up continues every three months



4

Virtual follow-up

5

Pickup via the methods mentioned above

PAHO/CDE/26
© Pan American Health Organization, 2026.
Some rights reserved.