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Building Climate Resilient Health Systems in the Americas: Workshop for Health Sector Decision Makers

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ACKNOWLEDGING WITH GRATITUDE

The Ləkwəŋən Peoples, known today as the Songhees and Esquimalt Nations, and the Métis Chartered Community of Greater Victoria





PRESENTATION OBJECTIVES

- Understand the linkages between climate change and health equity
- Identify resources, tools, and approaches to help center health equity into climate change activities
- Identify examples of climate change adaptation and mitigation measures that promote and advance health equity

INEQUITIES ARE SYSTEMATIC, AVOIDABLE, UNFAIR, AND UNJUST

Inuit Nunangat

All Canadians

72.4 years

The Average life expectancy for residents in Inuit Nunangat

12.3

The infant mortality rate per 1000 for Inuit infants in Canada

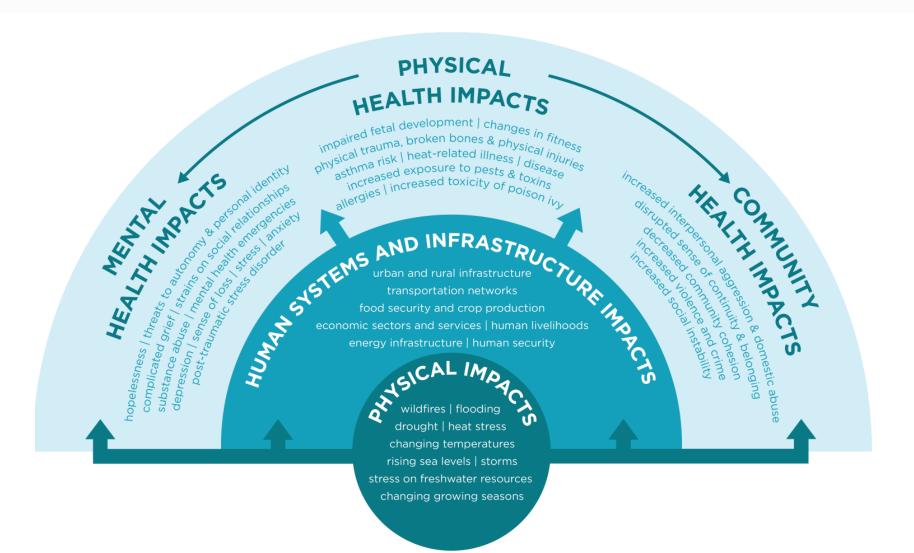


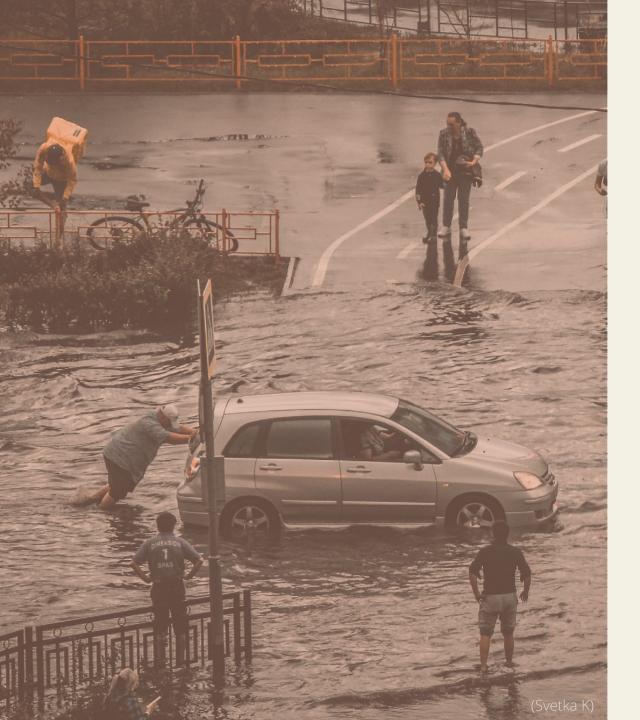
82.9 years

The average life expectancy for all Canadians

The non-Indigenous infant mortality rate per 1000 for Canada

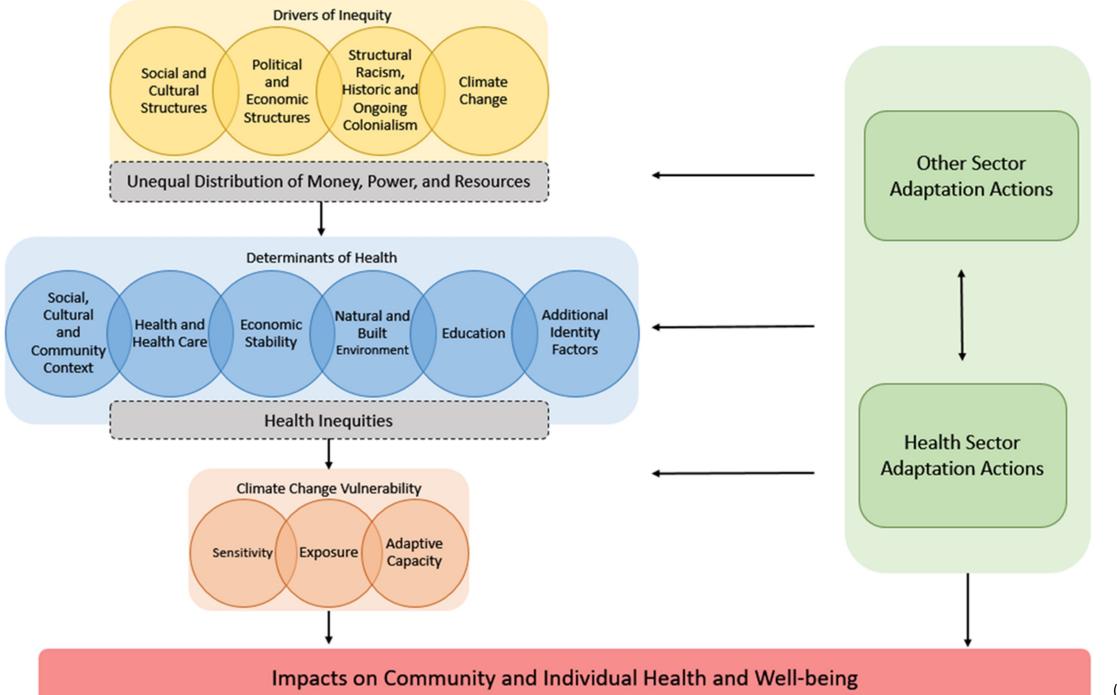
CLIMATE CHANGE IS ALREADY NEGATIVELY IMPACTING THE HEALTH OF PEOPLE AND OUR HEALTH SYSTEMS

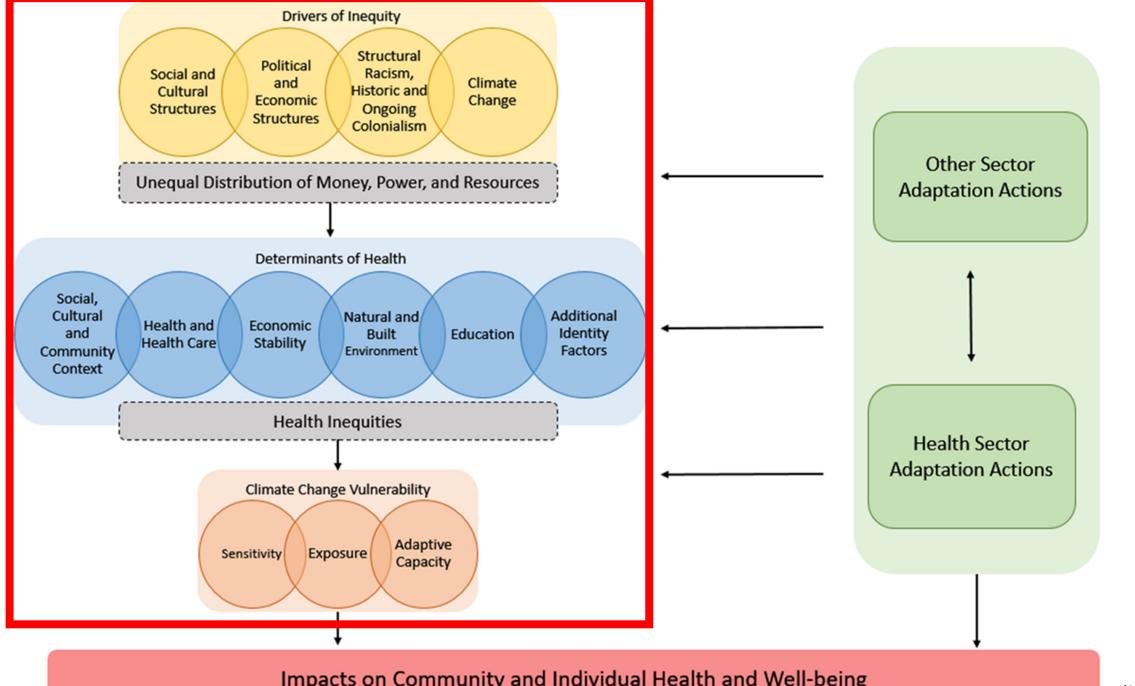




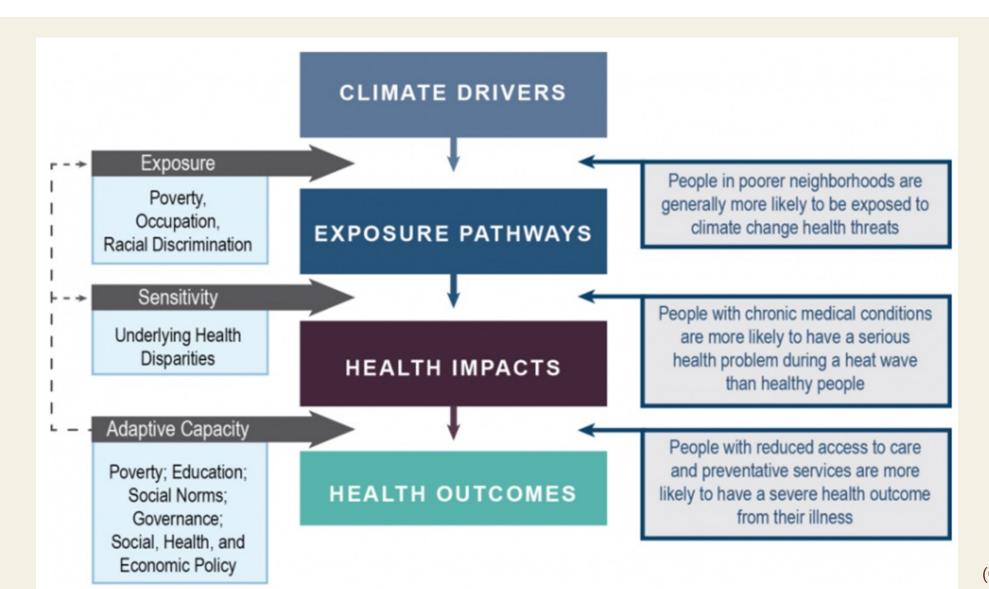
THE INTERSECTION OF CLIMATE CHANGE AND HEALTH EQUITY IS COMPLEX

- Those at highest risk are typically least responsible
- Differential and disproportionate experiences of climate vulnerability due to health inequities
- Differential outcomes of adaptation and mitigation actions
- Inequitable participation in adaptation planning





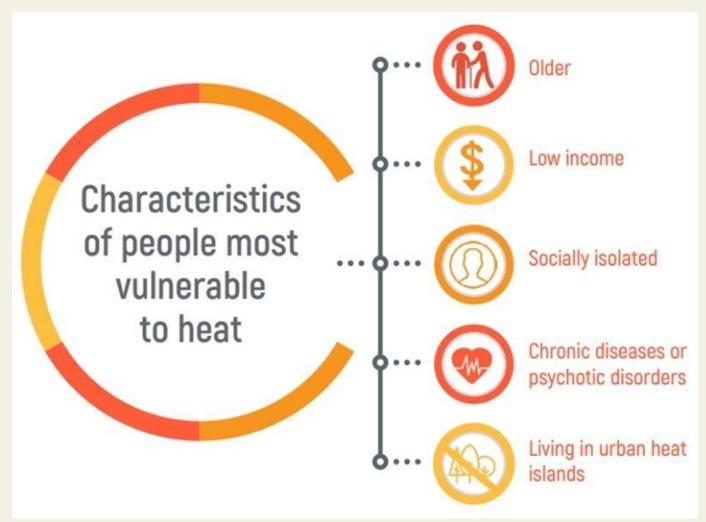
Differences in exposure, sensitivity and adaptive capacity result in some people being more severely affected by climate change



BC HEAT DOME 2021

Extreme heat event in B.C. resulted 619 deaths between June 25–July 1, 2021

- 98% of deaths occurred indoors
- 67% were 70 years of age or older
- More than half lived alone (56%)
- Many lived in socially or materially deprived neighborhoods
- More than 80% of decedents were on three or more chronic disease registries
- Many deaths were in urban areas with low greenness (fewer trees) surrounded by large roads, large buildings, and high density



WHO IS MOST AT RISK?

POPULATIONS COMMONLY IDENTIFIED AS AT HIGHER RISK INCLUDE:

- seniors and children
- pregnant people
- people with chronic medical conditions
- low-socioeconomic status
- racialized populations
- Indigenous peoples



Religion Disability Language Sex Gender Septual Orientation Geography Education Culture Income (Schnitter et al., 2022)

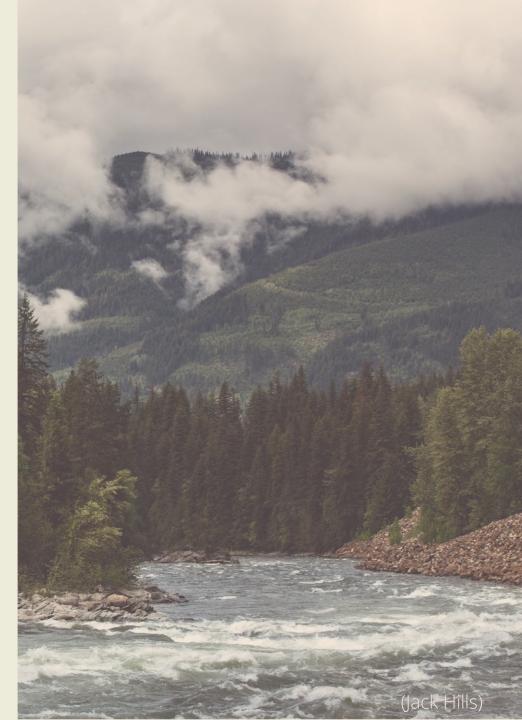
INTERSECTIONAL APPROACH TO UNDERSTANDING CLIMATE VULNERABILITY

- Population groups are not homogenous
- Individuals have a variety of vulnerability and resilience factors

INDIGENOUS PEOPLES ARE UNIQUELY SENSITIVE TO THE IMPACTS OF CLIMATE CHANGE

- Relationships with and dependence on land, waters, animals, plants, and natural resources for their sustenance, livelihoods, cultures, identities, health and wellbeing
- Greater existing burden of health inequities
- Historic and ongoing effects of colonization
- Socio-economic and political marginalization

Indigenous knowledge systems and practices are key to First Nations, Inuit, and Métis peoples' ability to observe, respond, and adapt to climate and environmental changes.





Climate change adaptation measures, which are meant to protect human health, are not experienced in the same way across populations and communities

In the absence of careful planning, adaptation measures may have unintended outcomes that adversely impact some population groups or exacerbate existing inequities

Urban green space example:

- Low income and racialized communities have less access to tree canopy cover and public green spaces
- Increase in green spaces could also perpetuate gentrification and increase property values, which may lead to the displacement of low-income residents and small local businesses





The absence of equity considerations in climate change and health activities could result in undesirable outcomes

- Inadvertently reinforce, redistribute, or create new inequities
- Overlook critical vulnerabilities and needs
- Inequitable outcomes and maladaptation
- Significant impacts on the health system

\$230 billion of direct medical care costs and \$1 trillion of indirect costs associated with illness and premature death could have been saved in the US between 2003-2006 if health disparities were eliminated



Tools and resources can enhance the integration of health equity considerations in V&As and adaptation and mitigation measures

Health Equity Impact
Assessments & Sex
and Gender-Based
Analysis Tools

Health Equity Assessment Toolkit (PAHO)

Health Equity Impact Assessment Tool (OMHLTC, 2012)

Gender Based Analysis Plus (Government of Canada, 2019) Resiliency and Asset Mapping

Climate Change, Health, and Equity: A Guide for Local Health Departments (Rudolph et al., 2018)

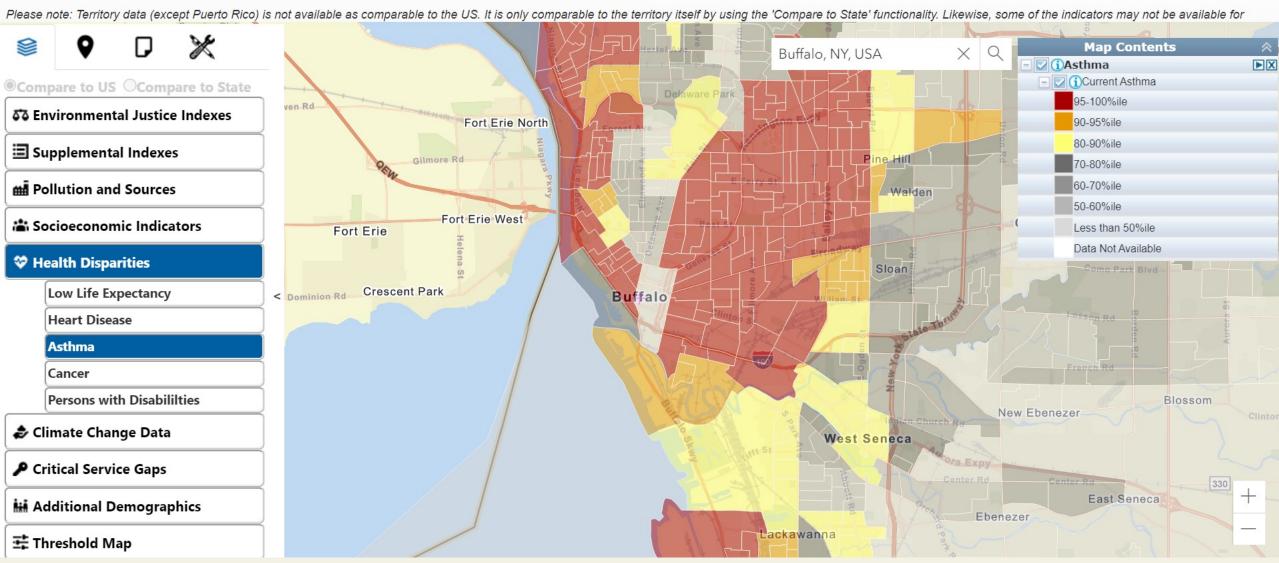
Asset Mapping Toolkit (UCLA, n.d.)

Vulnerability Mapping

Vancouver Coastal Health's climate vulnerability index and mapping project (VCH, 2020)

California Department of Public Health's California Building Resilience Against Climate Effects: Climate Change and Health Vulnerability Indicators (CalBRACE, 2018) Community Engagement

Equitable Climate Adaptation: Considerations for Local Governments (ICLEI, 2022)





Ensuring inclusive, equitable, and community-based participation in the adaptation process is critical for effective adaptation actions

Equitable participation and the inclusion of diverse voices

Residents and community based organizations have important knowledge of:

- the assets and resources available in their community
- local and traditional knowledge
- past health interventions and campaigns (successes and challenges)
- can leverage their networks to help with communication and outreach of V&A results





Health equity can be advanced, and determinants of good health strengthened, through adaptation

Increasing a "health in all policies" approach to climate adaptation and NDC's

- consideration of health across all sectors can lead to improvements in health, health equity, and sustainable development
- the Americas have a high level of consideration of health in NDCs, with over 90% of NDCs referencing health
- spending on health and health-related adaptation efforts in the Americas far exceeds that of other regions and has increased over time, reaching over USD\$30 per capita in 2018–2019





Taking action against climate change will benefit health and advance health equity in the Americas



InosiKatigeKagiamik Illumi: Healthy Homes in

Nunatsiavut



- Project aimed to develop climate-resilient housing infrastructure that was culturally-relevant, affordable, energy efficient, and reduced the health impacts from overcrowded dwellings and mold
- Community-driven housing design process
- Addresses key climate risks and contributes to strengthened determinants of health

Nurses for Cool and Healthy Homes

Fresno County, California

- one of the hottest parts of the county (92 days each year over 40°C)
- 22% of the population live in poverty
- racialized populations comprise 62.5% of the population
- Incorporate heat risk assessments into nurse home visits
- Energy assistance and health referrals are made including utility payment assistance, home energy improvement, and heat health information



Reflecting on actions to address climate change in the context of established public health roles to improve health equity



Centring equity in emerging public health responses to climate change



This is the second blog in a series that explores the connections between climate change, health equity and public health. Click here to read the first blog in this series.

Assess and report on a) the existence and impact of health inequities, and b) effective strategies to reduce these inequities.

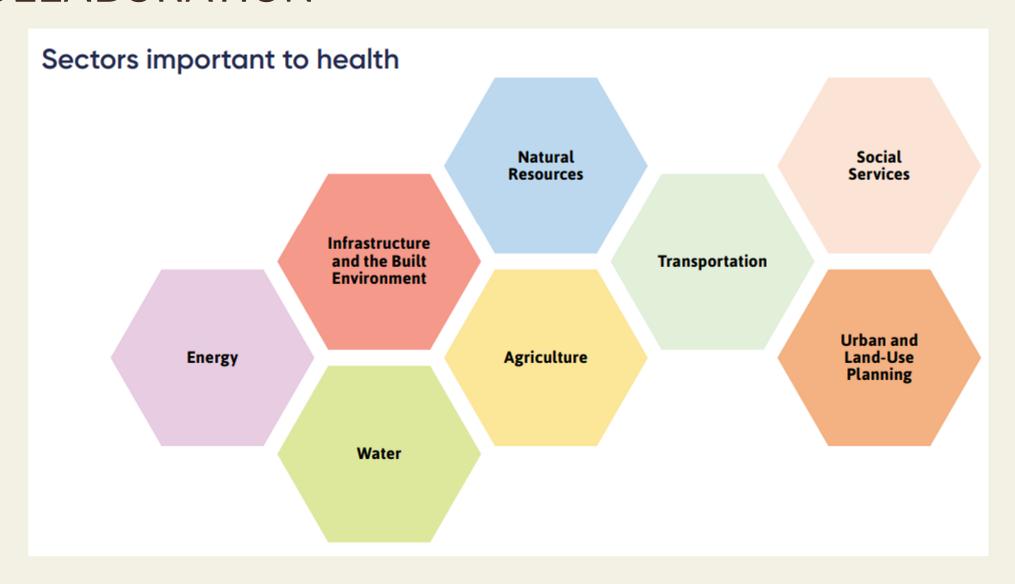
Lead, support and participate with other organizations in policy analysis and development, and in advocacy for improvement in health determinants and inequities.

PUBLIC HEALTH ROLES

Modify and orient interventions and services to reduce inequities, with an understanding of the unique needs of populations that experience marginalization.a

Partner with other government and community organizations to identify ways to improve health outcomes for populations that experience marginalization.a

THE NEED FOR MULTISECTORAL INTERVENTIONS AND COLLABORATION



MONITORING AND EVLUATING ADAPTATION ACTIONS



Artide

Justice and Equity Implications of Climate Ch Adaptation: A Theoretical Evaluation Framew

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Abstract Climate change affects human health, and climate change adaptation aims risks through infrastructural, behavioral, and technological measures. However, at human health effects to climate change adaptation is difficult, causing an ethical dit the need for evidence of strategies and their precautionary implementation before use neg merated. In the absence of conclusive evidence for individual adaptation strate approaches to the measurement of adaptation effectiveness need to be develop proposes a theoretical framework and a set of guiding questions to assess effect strategies on seven domains of health determinants, including social, economic institutional, community, environmental, and cultural determinants of health. Its foc gender equity and environmental justice concurrently with the implementation of adaptation could serve as a template for policymakers and researchers.

Keywords: climate change; Public Health; social inequalities; environmental adaptation; environmental justice

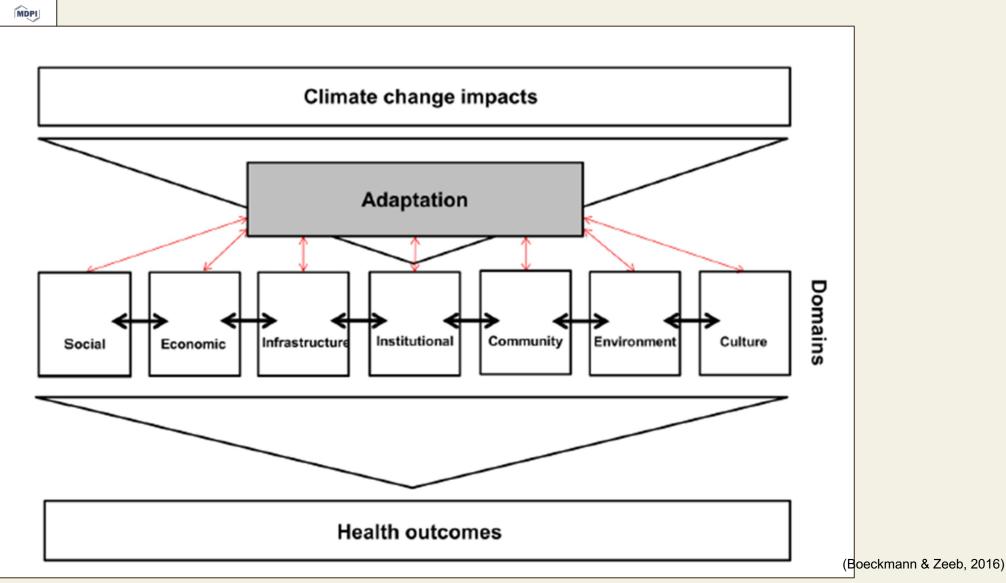
1. Introduction: Climate Change Affects Human Health

Climate change is expected to adversely affect human health through direct an Direct effects of global environmental change include increased exposure to extret temperature events, comprising heat waves, cold spells, storms, and floods [1–3], are mediated through natural and social systems [1]. Natural systems mediate chavector distribution, increased air pollution, and pollen distribution, as well as a top of food- and water-borne infections. Social systems, on the other hand, influence effects on crop production and distribution, mental health, and occupational health Worldwide and within societies, exposure risks and vulnerability to negative health e change are unequally distributed [1,4–6]. Beyond the natural distribution patterns of hazards, humans' abilities to withstand shocks and the extent of damages caused by the determined by social, cultural, and economic capital and power [7–12], making climat related policies—beyond other concerns—an ethical issue [1,4].

Using extreme heat events as an example, studies have shown that risks of I stroke, or excess cardiovascular and respiratory mortality during extreme events are off people living in inner city, heat island-prone areas [13], for the elderly [14], and for p

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