

**Truth:**

**Pregnant people can get most vaccines.**



**Myth: Pregnant people should never be vaccinated.**

## Explanation

Not only can pregnant people get vaccinated against several vaccine-preventable diseases, such as influenza, tetanus, pertussis, and hepatitis B, it is also extremely important that they do so to protect themselves and their babies from disease and complications.

Some vaccines, such as the MMR and chickenpox vaccine, should not be given to pregnant people, but could be given before or after pregnancy. Pregnant people are encouraged to ask their health care providers at their prenatal checkups about what vaccines they need and when.

**Remember: Pregnant people should consult their healthcare providers about which vaccines they need when.**

**PAHO**



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