

Myth: We don't need vaccines because vaccine-preventable diseases are so rare.

## **Explanation**

You should receive all recommended vaccines in your country. Thanks to vaccination, many diseases have become rare or have been eliminated in the Americas. However, the viruses and bacteria causing them continue to circulate in some parts of the world and do not respect borders. As a result, they can infect anyone who is not protected.

Remember: Vaccine-preventable diseases can be imported from other countries and can cause outbreaks among unvaccinated members of your community. Stay up to date with your vaccines to be protected.





