

Truth:

We don't have to accept vaccine-preventable diseases as "just part of life."



Myth: Vaccine-preventable diseases are just an unfortunate part of life.

Explanation

Vaccine-preventable diseases such as measles, mumps and rubella are serious and can lead to severe complications in both children and adults, including pneumonia, inflammation of the brain, blindness, diarrhea, ear infections, congenital rubella syndrome (if a person becomes infected with rubella in early pregnancy), and death. All these diseases and suffering can be prevented with vaccination. Failure to vaccinate against these diseases leaves us unnecessarily vulnerable.

Remember: Choosing to skip vaccination in favor of getting a disease is always extremely risky and can even be deadly.

PAHO



Pan American
Health
Organization



World Health
Organization

Americas Region