**Caring for women** subjected to violence: A WHO curriculum for training health-care providers

Understanding Roles of Other Service Sectors to GBV

# Know your setting: identify referral networks and understand the legal and policy context

Health care for women subjected to intimate partner violence of sexual violence

World Health Organization

A clinical handbook



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Demonstrate knowledge of how to access resources and support for patients and for oneself

#### Competencies

- Understand the roles of other lifesaving services/sectors of work
- Understand resources available to help mitigate GBV risks in other sectors



# Activity: In each other's shoes

- Divide in groups by sectors.
- You will be responding to the needs of Rose (28) who has been surviving physical and sexual abuse by her boyfriend for the past 6 months.
- Sectors: Doctor, Social Worker, Psychologist, Shelter Manager, Police Officer, Safe House Manager
- Discuss: What are the key roles of each person? What are barriers for survivors in accessing these services in your context?
- Come back to group and share with colleagues x 5 mins
- Sector representatives to fill in and say if something missing



### Global Resources that outline intersectoral work in the prevention and response to GBV in Emergencies





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#### **GBV Survivors Have the Right to Receive:**

- Medical treatment and health care
- Psychosocial care and support
- Options for safety and protection for survivors and their families who are at risk of further violence;
- Legal (informal and formal) and law enforcement services
- Education, economic/assistance and livelihood opportunities
- Other protection services, including durable solutions for displaced populations.

### 1). Health (recap) critical role during emergencies

- First and sometimes only **point of contact** for GBV survivors;
- On the **front line** in responding to GBV in emergencies;
- Responsible for providing care and referring survivors to case management services where available;
- Need to be aware of laws, obligations and mandatory reporting on sexual violence and intimate partner violence to the police or authorities;
- Need training and ongoing support to provide effective care for women and girls who are subjected to violence.

### 2). Mental Health and Psychosocial Support

#### FIGURE 2. The IASC Intervention Pyramid for Mental Health and Psychosocial Support in Emergencies

Clinical mental health care (by primary health-care staff or mental health professionals). See Standard 4: Health Care for GBV Survivors.

Structured emotional and practical support to individuals or families by trained GBV staff. See Standard 6: GBV Case Management.

Encouraging and strengthening community and family supports; women's and girls' safe spaces (see Standard 8: Women's and Girls' Safe Spaces); reintegration and empowerment activities. See Standard 12: Economic Empowerment and Livelihoods.

Advocacy for good humanitarian practice: basic services that are safe, and socially and culturally appropriate; that protect dignity, e.g., quality and compassionate health-care services; and that include responsive security services and GBV risk mitigation across all sectors. See Standard 9: Safety and Risk Mitigation.

#### Layer 4 Specialized services

Layer 3 Focused, on-specialized services

Layer 2 Community and family supports

Layer 1 Basic services and security

Source: IASC 2007.

## 3). GBV Case Management (or Social Work)

- Primary entry point for GBV survivors in humanitarian settings.
- **Responsive** to the unique needs of each survivor.
- Involves a trained psychosocial support or social services actor who:
  - Takes responsibility for ensuring that survivors are informed of all the options available to them;
  - Refers survivors to relevant services based on consent;
  - Identifies & follows up on issues that a survivor (and her family, if relevant) is facing;
  - Provides the survivor with emotional support throughout the process.

# Do No Harm!

- Accessing case management services is **voluntary**; not all survivors will want or need case management services.
- Access to GBV case management services should be confidential & non-stigmatizing for women and girls. For example, through safe spaces that offer a range of activities (see Standard 8: Women's and Girls' Safe Spaces).
- Must protect written data about a survivor or a case through safe data collection and storage practices.

## 4). Justice and Law Enforcement

Legal services should be part of <u>a safe, non-stigmatizing, multisectoral response to GBV.</u> They should be staffed by trained personnel, accessible to GBV survivors and integrated into the general GBV referral system.

- Allow and support each survivor to determine what constitutes justice for her;
- Protect safety and recovery (allowing *in camera* testifying);
- Non-discriminatory, fair and transparent; respond to the survivor's decisions and the unique local context.
- Targeted and specialized (survivor-centered)
- Mediation is focused on maintaining family or community cohesion; often denies the survivor's control of the process, and may expose her to intimidation and re-victimization, inhibit her access to services and put her at direct risk of further abuse. Mediation for GBV cases is not recommended as an intervention.



#### **Law Enforcement**

- Security personnel should respect women's **confidentiality and decisions** regarding the GBV incident, including where the survivor decides not to immediately (or ever) pursue a case against the perpetrator(s) or be involved in a case.
- Focusing on the survivor also requires that security personnel and policies reflect an awareness of the immediate and ongoing threats facing women and girls who have experienced violence.
- Crucial to support ongoing training and awareness-raising interventions for security personnel at all levels.
- Trainings for police should focus on clear protocols for responding to reports of violence, emphasizing women's legal right to protection.
- It is always useful ensuring **female police staff / women's desk**, with direct contact to hospitals, social workers and safe houses.

### 5). Safe Houses / Safe Shelters



Guidelines for the Management of Safe Shelters for GBV survivors in the English and Dutch-speaking Caribbean

A SURVIVOR-CENTERED APPROACH



- ✓ Immediate Protection
- Provision + linkage with essential and comprehensive services
- Most services can be provided on site, protecting confidentiality and ensuring privacy.
- Support empowerment + livelihoods + transition
- **Contribute to ending** cycle of abuse

### **6). GBV Integration in Other Sectors**

- GBV integration effective if the process is <u>owned</u> and <u>driven</u> by the sector itself.
- Women and girls consulted and engaged  $\rightarrow$  to mitigate risks.
- All sectors have a critical role to play in designing and implementing interventions in a way that minimizes risks of sexual exploitation and abuse and helps connect survivors of this and other forms of GBV to appropriate care and services.

THANK YOU!

### **Caring for women** subjected to violence: A WHO curriculum for training health-care providers

# Understanding Warm Referrals to Essential Services in Emergencies

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Demonstrate knowledge of how to access resources and support for patients and for oneself

#### Competencies

- Know community resources
- Know legal and policy context including providers' legal obligations
- Collaborate with referral partners to help survivors obtain services



# **Exercise: The Web of Referrals**

 Learning objective for this exercise: Appreciate how uncoordinated systems and too much specialization can make referrals burdensome for the survivor





# **Exercise: The Web of Referrals**

- In this role play we will follow "Rose" as she seeks help for intimate partner violence
- We need 10 volunteers. Will one please volunteer to play "Rose"? The others will play people she visits and who refer her to others.
- Rose will ask each person she visits to take hold of the string that she carries





# **Principles for referral pathways**

Referral pathways should:

- respect self-determination
- minimize points of care and retelling of the story
- maintain safety of the woman and confidentiality of her information



# **Establishing referral pathways**

#### Make referral agreements with known resources

- Identify and map available community services
  - police/law enforcement
  - justice/legal services
  - social services
  - economic/livelihood support
  - child protection
- Make a referral directory (job aid on next slide)
- Agreements can be formal or informal
- Specify how you will learn whether the woman reaches the referral resource
- Monitor referrals and coordination mechanisms



#### Innex 6. Sample referral directory form

Need	Name of agency &/or contact person	Contact	Responsible for follow-up	
Victim advocate/Family protection unit/Social worker		Phone: E-mail:		
Counselling/Crisis centre/		Phone: E-mail:		
Support groups		Phone: E-mail:		
Mental health care		Phone: E-mail:		
Reproductive health care		Phone: E-mail:		
Laboratory services		Phone: E-mail:		
Child care		Phone: E-mail:		
Child protection		Phone: E-mail:		
Police		Phone: E-mail:		
Need	Name of agency &/or contact person	Contact	Responsible for follow-up	Form
Forensics		Phone: E-mail:		
Shelter/housing		Phone: E-mail:		
Financial aid		Phone: E-mail:		
Legal aid		Phone: E-mail:		
Livelihood/ employment		Phone: E-mail:		
[Other]		Phone: E-mail:		
[Other]		Phone: E-mail:		

Job aid: Referral directory





# What does it mean to "know" a resource?

- Know at least one person at that service
  - Be able to refer to these people by name
- Know what services are provided, so that you can tell patients
- Maintain relationships through
  - hosting cross-trainings
  - sharing information





# Provide "warm referrals"

### Warm referral practices help women reach further care

- 1. Ask: "What would help most if we could do it now?"
- Help her identify and consider referral and social support options
- 3. Explain how the referral service can meet her need
- 4. Give her **contact details** location, how to get there, names



— continued —

# Provide "warm referrals"

– continued –

5. Offer to help make an appointment, if it helps

- Offer to call on her behalf OR
- Offer to make a call with her OR
- Offer a private place where she can call
- Help her solve any practical problems that might interfere – for example, no transportation, no childcare





# How do Referral Pathways look like for you? Draw one

Learning objective for this exercise: Think through how to draw a referral pathway for your locality.

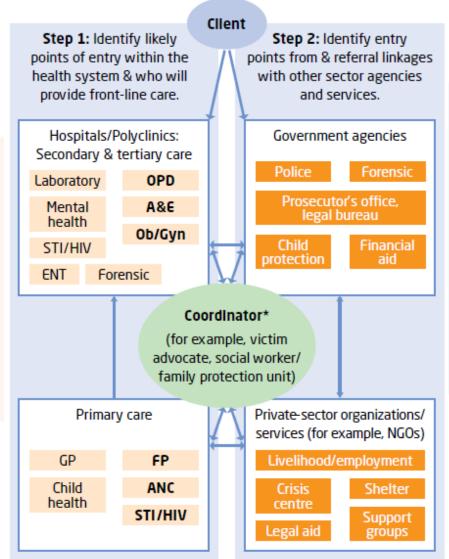
- Brainstorm what services/supports a woman might need and identify what formal and informal support is available
- 2. Specify possible referral paths







#### Steps for developing your referral pathways for care of women subjected to violence









Step 3: Identify the person/unit responsible for coordinating\* access to care and services and the contact details.

> \*See Annex 4 for coordinator's role and responsibilities including terms of reference/job description.

The services that are highlighted in bold are the likely entry points within the health system for providing front-line care.

Step 4: Specify roles and responsibilities, name, contact details, and forms to be used between referring and receiving unit.<sup>1</sup>

#### Role of referring unit (i.e. Health Facility)

- maintains an updated referral directory with contact details of referral services<sup>2</sup>
- identifies client
- provides ongoing treatment
- refers client for services not provided onsite
- follows up with client and receiving organization
- documents referral activity<sup>3</sup>
- conducts quality assurance.

#### Role of receiving unit

- receives client
- provides service
- documents service
- refers clients to other needed services.

Roles & Responsibilities can be formalized in an MOU<sup>4</sup> &/or protocols/SOPs



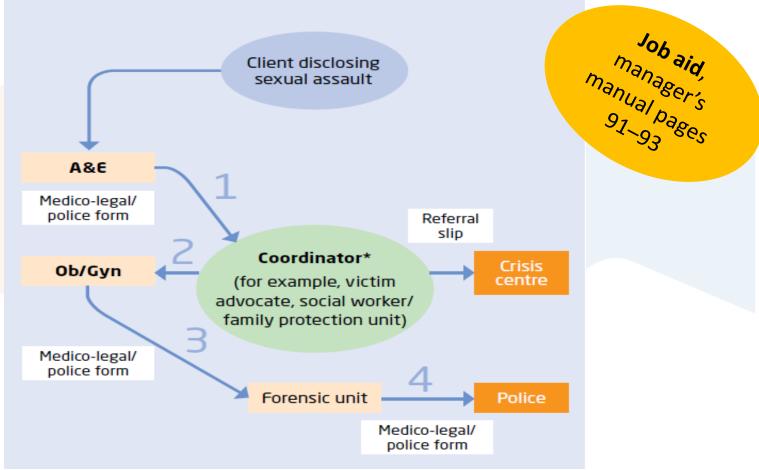
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Job aid, manager's manual pages 91-93



**Step 5:** Specify the sequence in which referrals will be provided to other services (for example, for sexual assault survivors – from accidents and emergencies to coordinator to gynaecologist to forensic unit to police. See example below.) This sequence may be different for survivors of intimate partner violence.

**Step 6:** Specify the forms that will be shared/passed between services (for example, police/medico-legal forms, referral slips/ forms).







# GBV Referral Pathway System in Belize

 Activity to compare referral drawn with official referral in Belize – what are the differences? What can be improved? What does not work?





# Know the legal & policy context

Know the law & policy that affects the care you give (content to be developed by country)

- Laws that cover:
  - sexual violence, including rape, sexual harassment, child sexual abuse
  - intimate partner violence

– continued –



# Know the legal & policy context

– continued –

What laws & policies say about:

- abortion services for survivors of violence
- limits to access to abortion, emergency contraception
- -age of sexual consent
- age of parental consent for adolescents' care









- Active and up-to-date referral networks and warm referral practices help women reach care
- Make referral agreements with known resources
- Referral pathways should:
  - respect self-determination
  - minimize points of care and retelling the story.
  - maintain confidentiality and safety
- Know the relevant laws & policies

