Fathers and mothers of newborns are not visitors in the Neonatal Care Unit; they're an essential part of the baby's care team.

Family-centered care = healthier babies, happier families, and reduced stress and anxiety.

#Prematurity

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Every baby deserves skin-to-skin right from the start. It's extra important for premature babies, helping them bond and breastfeed. Skin-to-skin contact is a family right.

#Prematurity
#FamilyCenteredCare

The engagement of families in the hospital care of their newborns:
- improves health and development
- promotes bonding and breastfeeding
- encourages a better experience
- reduces length of stay
- generates confidence in the health teams
Babies should stay with their mothers as long as possible and practice skin-to-skin contact so that breastfeeding can begin as soon as possible. Breastfeeding, coupled with loving care, provides lifelong benefits.

#Prematurity
#FamilyCenteredCare

Health teams should support families of premature babies by making it easy for them to visit the ICU anytime, with no restrictions or schedules. Support and empathy are essential for respectful and quality care.

#FamilyCenteredCare
#Prematurity